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NCR executive editor Heidi Schlumpf is part of Season 8 of "The Francis Effect" podcast, joining co-hosts Franciscan Fr. Dan Horan (columnist for NCR's "[Faith Seeking Understanding](#)") and David Dault, executive producer and host of "Things Not Seen: Conversations about Culture and Faith."

In this episode, Heidi, Father Dan and David discuss the recent appointment of Sr. Nathalie Becquart as [a synod undersecretary for the Vatican](#); how they are preparing for Lent; and what they are watching these days for distractions.

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